

# PEANUTS®

TAKE CARE  
OF  
EACH  
OTHER

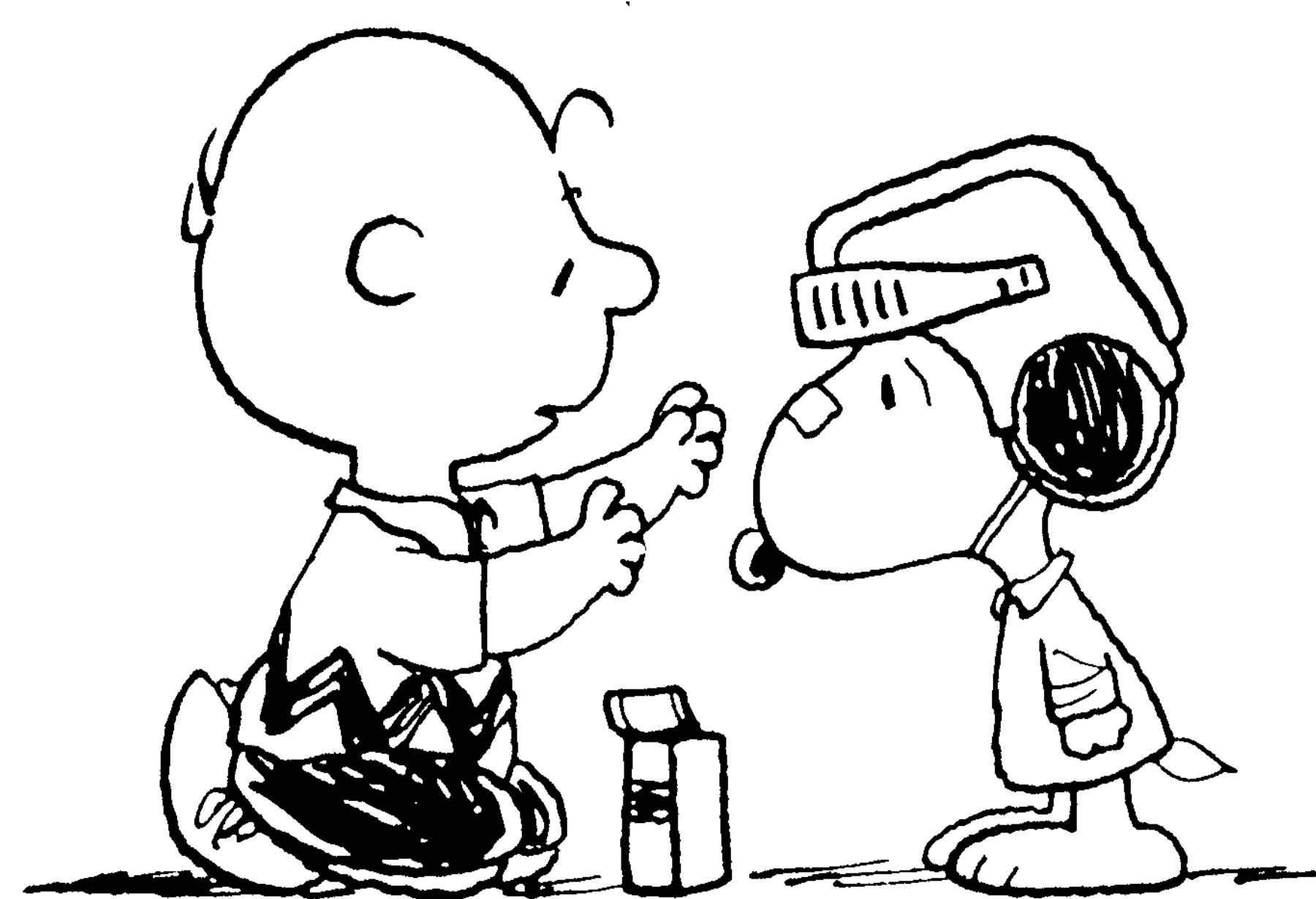
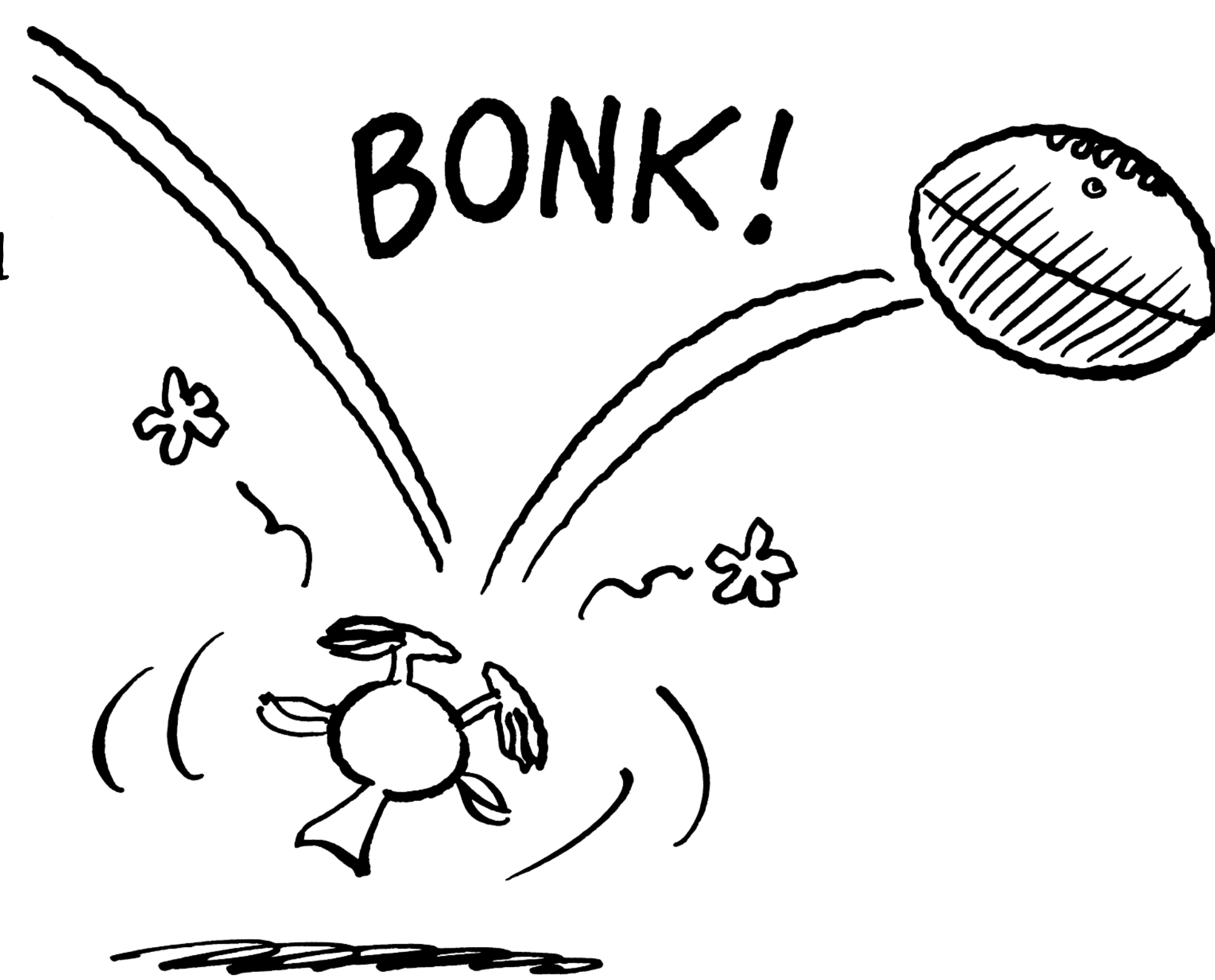
## DOCTOR SNOOPY'S FIRST AID KIT

You don't have to be a doctor (or even a pretend doctor like Snoopy) to help others when they get hurt! First aid supplies and skills let you respond quickly to an accident or injury while you wait for trained help to arrive.

Making your own first aid kit for your home or school backpack is easy, and helps you take care of others.

First, gather the materials for your kit with help from an adult - we recommend including the following items:

- Antibiotic ointment - for cuts and scrapes
- Adhesive bandages in a few different sizes - for cuts and scrapes
- Self-adhesive tape and/or elastic bandages - for sprains and splints, and wrapping gauze onto injuries
- Sterile gauze pads - for larger cuts, scrapes, and eye protection
- Oral antihistamine (anti-allergy) pills - for minor allergic reactions
- Hydrocortisone (anti-itch) cream - for bug bites or rashes
- Tweezers - for removing splinters, stingers, or other bugs
- Antacid tablets - for minor stomach upset



- Plastic gloves - for germ protection
- Hand sanitizer and/or antiseptic wipes - for germ protection
- An information reference card, which can include info like:
  1. Your parent or guardian's phone number(s), and home and/or work address.
  2. Your doctor's phone number and office address.
  3. Your local emergency numbers, such as the fire department, hospitals, or police stations—and of course 911!
  4. A list of any medications you take regularly, and any allergies.

Place each item in a resealable bag or small reusable container to keep your kit organized. You can even label each item so they're easier to find when you need them!

To finish your kit, place all of these materials inside a water-proof and drop-proof container to keep the items inside clean and secure. You can decorate your kit however you like—using markers, puffy paint, stickers, etc.—but it's a good idea to write "First Aid Kit" in big letters, so it's easy to tell what's inside.

If you want to bring your kit to school, be sure to check with your school's policies to make sure they are okay with you carrying these items with you.



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### HELP IS ON THE WAY!

Help Snoopy find his way to his medical bag so he can fix up the players!

