

PEANUTS®

TAKE CARE
OF
**EACH
OTHER**

BE A GOOD SPORT



Even when they're facing off in a hockey match, Snoopy and Woodstock know that being a good sport means supporting others, showing respect, and practicing kindness on and off the ice!

The lessons we learn in sports can help us take care of each other in everyday life too. Use this activity sheet to think of ways you can be a good sport.

Don't forget to share your activities on social media!
#TakeCareWith Snoopy | @snoopygrams | Facebook | Twitter | Instagram | @Snoopy

GET STARTED!

1. Being a good sport helps us take care of each other during games and in everyday life. This activity will teach you how you can use lessons from sports to be kind and supportive to yourself and each other!
2. Take a moment to think about some of the lessons you've learned from playing a sport. This can be any sport. It could be for a team you're on, something you've played at school or camp, or even a game you've played in your own backyard. How did you work on a team? Did you practice a lot? What did it feel like to win and lose?
3. On the next page, fill in the blanks using some of the reflections you thought about in the previous step. Feel free to write or draw pictures to express your ideas! This will help you see how even when you're not playing a game, being a good sport and teammate is always important!



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My “teammates” in life are the people
I want to help out when they need me.
Their names are:

When I win, I feel:

When one of my teammates is
struggling, I can:

When I make a mistake, I just remember:

When someone else does a good job, I tell
them:

