

# PEANUTS®

# TAKE CARE OF YOURSELF




## BE AWARE OF WHAT'S FAIR



Did you know March is Women's History Month? Peppermint Patty has always been an emblem of courage and authenticity, speaking up for herself and teaching her friends about equality in women's sports on and off the playing field.

The activity below honors Peppermint Patty and her message of sports equality by encouraging you to research and celebrate a female athlete that inspires you!

Share your profiles on social media!

#TakeCareWith Snoopy @snoopygrams |    @Snoopy

## GET STARTED!

### **Instructions:**

1. Peppermint Patty knows that girls can do anything they set their minds to. Whether it's being manager of her baseball team, tearing it up on the football field, or advocating for a fair dress code at school, Peppermint Patty demonstrates what it means to be unafraid of being yourself. She is also an advocate for women in sports, pointing out inequality and holding her friends accountable.
2. Often times, female athletes are overlooked or taken less seriously than men, so this women's history month, let's center the amazing women who are champions in their field. Choose one female athlete who you admire. The athletes can be professional or a teammate, coach, or local athlete you look up to.
3. Once you have chosen your athlete, take some time to learn about them. You can research them online or go to your local library for help! Fill in the prompts on the following page with words and pictures to make a profile of your athlete to share with others!



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## MY ATHLETE PROFILE

Name of Athlete:

She plays:

My athlete is powerful because:

Fun facts about my athlete are:

I admire her because:

