

## LEAN INTO LEARNING



A new school year can be daunting, and sometimes it's harder than expected to transition from summer vacation. But the start of the new school year also brings lots of exciting things like new subjects, new teachers, new friends, and new achievements!

Use this activity sheet to lean into learning and get excited about everything school has to offer.

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### GET STARTED!

#### **Instructions:**

- 1. It can be hard to say goodbye to summer and start a new school year, but there are so many new things to look forward to! Whether it be meeting a new friend or acing your pop quiz like Sally, the new school year is a chance to explore new interests and lean into learning! Use this activity sheet to reflect on what you're excited about for the upcoming year!
- 2. On the next page, fill in the blanks to reflect how you're feeling about the new school year. Take your time to answer thoughtfully!
- 3. Feel free to color in and decorate the page however you'd like!
- 4. Throughout the year, you can refer to this worksheet to check in on your goals and realize how much you have accomplished at school.





# NEW SCHOOL YEAR GOALS



This year, I will be in \_\_\_\_\_ grade. My teacher's name is

I'm excited to learn more about

I want to get better at



. I'm a little

nervous for



One thing I learned last year that will help me this year is

My favoite thing about school is

