

SHINE ON, CHARLIE BROWN



Gazing at the stars helps Charlie Brown and the gang put time in perspective, but it also reminds them to cherish the moments spent with the people they love.

This activity encourages you to reflect on the important people in your life and see how they create a special constellation just for you. Follow the instructions and celebrate the people who make your life shine brighter.

CELEBRATE YOUR CONSTELLATION

Instructions:

- 1. Create a list of people who make your life brighter. They can be family, friends, or even people you hardly know but who make you happy every time you see them. These are the people who make up your special constellation.
- 2. In the center of one of the stars provided on page 2, draw a picture of one person on your list.
- 3. In the top point, write in their name. Then, in the rest of the points, write one thing you love or appreciate about them. If you feel stuck, some things you can ask yourself are "When I see this person they make me feel...," "This person is always...," "When this person is away, I miss their..." When you're done, cut out the star.
- 4. Print out as many stars as you need and repeat step 2 to make one for each person in your constellation.
- 5. Once you have completed all your stars, give them out to the respective people in your constellation. When folks make our lives brighter, it is important to let them know how much you appreciate them! If someone lives far away, you can mail them the star or keep it yourself to remind you of them.

