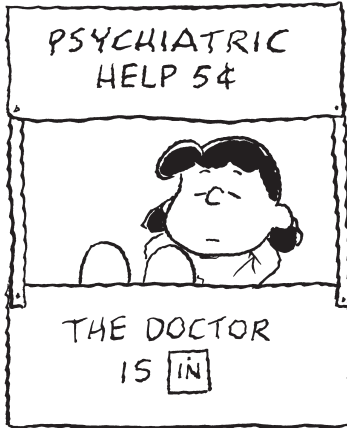


# PEANUTS®





## TAKE CARE OF EACH OTHER

### SHOW SUPPORT



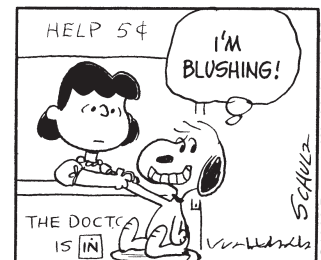
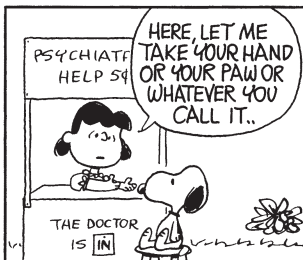
Sometimes all a friend needs is to feel support. Whether you listen, give advice, or offer a shoulder to cry on, it is important to be there for your friends, even if you charge 5 cents for your support!

This activity reminds you to check in on your friends and gives you prompts to learn best how to show support.

Don't forget to share your activities on social media!  
#TakeCareWith Snoopy  @snoopygrams |    @Snoopy

### GET STARTED!

1. Showing support in a time of need is a great way to help your friends feel better, but everyone needs different kinds of support. Sometimes, it's hard to know how to best support your friends. The best way to find out is to ask! Having open conversations about your needs are helpful skills to start honing. Use the activity below to start these conversations and keep track of all the ways you can offer support.
2. On the following page, fill in each box with the name of someone you would like to offer support. These can be small everyday things that make them feel cared for. Make sure you think about how you would like to receive support in case they ask!
3. Check in with each person. Ask them how they like to be supported in times of need. Fill out the sheet so you have written reminders about how to be there for your friends!



# PEANUTS<sup>®</sup>

TAKE CARE  
OF  
**EACH  
OTHER**

## SHOW SUPPORT

Name:

They are feeling:

I can support them by:

Name:

They are feeling:

I can support them by:

Name:

They are feeling:

I can support them by:

Name:

They are feeling:

I can support them by:

Name:

They are feeling:

I can support them by:

Name:

They are feeling:

I can support them by: