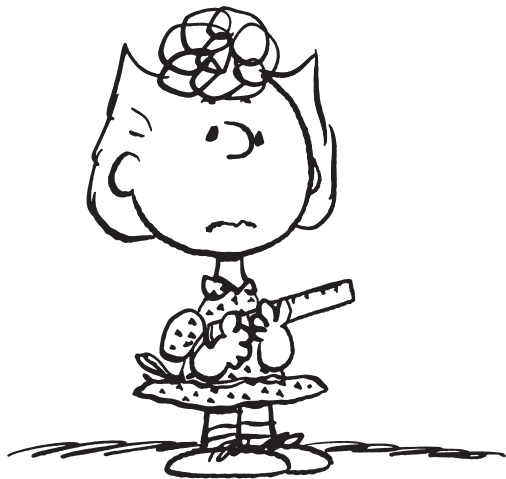


PEANUTS®

TAKE CARE OF YOURSELF




START WITH A CLEAN SLATE



A new school year can be scary, but it is also a great opportunity to start fresh and set new goals. This activity helps you set helpful reminders for the first day of school so you can feel confident and sure of yourself!

Take some time to reflect on your goals, what makes you nervous, and what makes you excited about the school year to come!

Share your handbooks on social media!

#TakeCareWith Snoopy @snoopygrams |    @Snoopy

CLEAN SLATE HANDBOOK

Instructions:

1. A new school year brings a fresh slate! But if you're feeling nervous, that's okay too! Take a moment to reflect on the things that will help you start the year on the right foot! This can be things you're worried about remembering, like your locker combination or teacher's name. Or it can be general reminders like "make a new friend" or "say thank you to my teacher."
2. Next, write one reminder in each square on the following page. You can color them in, draw pictures, and decorate each square however you'd like. Feel free to print multiple pages so you have enough squares for each reminder.
3. In one empty box, make a title page for your clean slate booklet! Make it beautiful!
4. Then, cut out each square and stack them with the title page on top. Staple or tape them together so you have a little booklet.
5. Bring your handbook to school and look at it whenever you need to be reminded of your school year goals!



PEANUTS[®]

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NEW SCHOOL YEAR HANDBOOK

