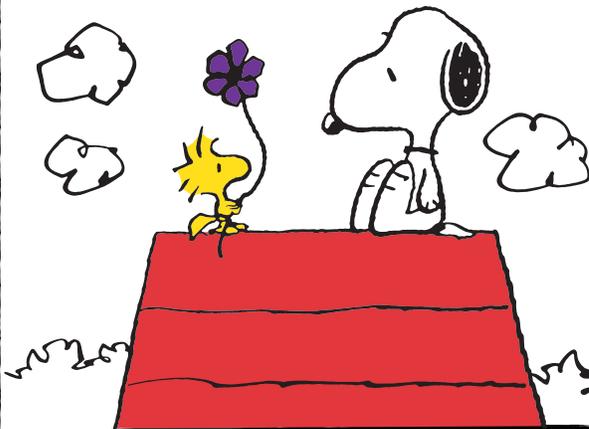


PEANUTS®

TAKE CARE OF YOURSELF

FUN FOR ALL SEASONS



Spring is the perfect time to get outside and try something new! As the weather gets warmer you can take care of yourself by having fun no matter the season. Not sure where to start? The two activities in this sheet—Springtime Activity Wheel and Draw Your Perfect Day— will help you think of new things to try and encourage you to get outside!

Share your activity wheels and outside adventures your on social media.

#TakeCareWith Snoopy @snoopygrams |    @Snoopy

SPRINGTIME ACTIVITY WHEEL

Instructions

1. On page 2, write an activity within each section. Feel free to include anything that sounds fun to you! If you need some ideas try including: go for a walk, fly a kite, find new plants and flowers that are beginning to blossom, play hopscotch, or try a new sport.
2. Get creative! Use crayons, colored pencils, markers or anything you'd like to decorate each section of the wheel, the more colorful the better!
3. Cut out the wheel along the outside edge and poke a small hole in the circle within the center of the wheel.
4. Slip a paperclip on the end of a brass fastener (brad/split-pin) or a toothpick and put through the hole so the paperclip is resting flat on the wheel. If using a brass fastener, be sure to leave a little bit of room between the wheel and the top of the fastener before attaching so the paperclip can spin freely.
5. Once you have attached the brass fastener or you are holding the toothpick in place, spin the paperclip. Wherever it lands is the activity you will do!
6. If you don't have a brass fastener, toothpick, or paperclip, you can toss a coin or a small object on to the wheel to choose an activity!

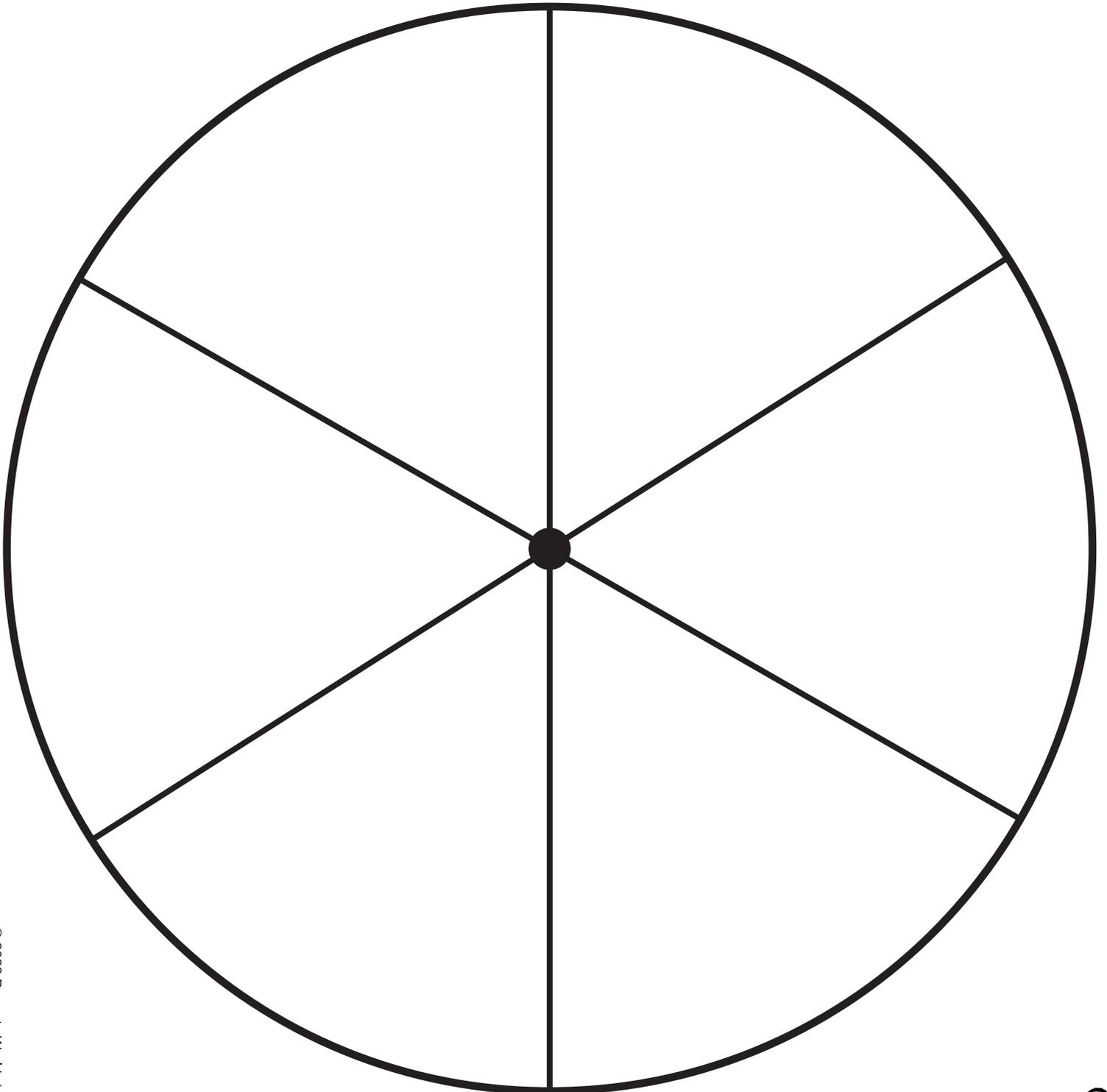
DRAW YOUR PERFECT DAY

1. Close your eyes and picture a perfect spring day outside. Maybe you are playing a game of basketball, riding a bike, or looking for shapes in the clouds. Using the frame on page 3, draw whatever this perfect afternoon looks like for you.
2. Once you have completed your drawing, go outside and make it happen! Be sure to cut out your frame and hang up your drawing as a reminder of all the fun things you can do in the spring.

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